

District Training Squad Information



Dear Parents,

Congratulations, your child has qualified for the OSPS Cross Country Training Squad. Being a member of this squad the children are asked to commit to training for the upcoming District Cross Country Championship on the 7th of May. We will resume our training on Thursday 11th of April in preparation for this competition. Sessions will be split between school and Bald Hill Park over the training period. There is a schedule attached at the bottom of this page. Please make note of the dates, times and venues of each session.

Important Notes

- There will be three sessions held over the duration of the holidays.
- At the commencement of Term 2, Sessions will be held at school and at Bald Hill Park. (please make sure you drop your child off by 7.35am and pick them up by 8.20am for Bald Hill Park sessions)
- A gold coin contribution will help fund breakfasts and equipment for the children to use during our program.
- Our final District squad will be made from observations and times formed during these training sessions. Nine children from each gender/age level will be selected to compete at the District competition.

Cross Country – District Level Training Schedule			
Term/Week	Date (Day)	Time	Venue
Term 1 Holidays	11/04/19 (Thursday)	9.00am-9.45am	Bald Hill Park
	15/04/19 (Monday)	9:00am – 9.45am	School Oval
	18/04/19 (Thursday)	9:00am – 9:45am	Bald Hill Park (timed)
Term 2 Week 1	23/04/19 (Tuesday)	7.30am – 8.30am	School Oval
	26/04/19 (Friday)	7:40am – 8:20am	Bald Hill Park (timed)
Term 2 Week 2	30/04/19 (Tuesday)	7.40am – 8.20am	Bald Hill Park (timed)
	3/05/19 (Friday)	7:30am – 8:30am	School Oval
Bentleigh District Cross Country			
Term 2 Week 3	07/05/19 (Tuesday)	Marshalling: 11:30am	Bald Hill Park

Thank you for your help over the 2019 Cross Country Season. It's much appreciated.

Mr Crane, Mr Mooney, Miss Paroukas, Ms Sakellaris, Miss Freeman & Mr Wintersea

