



YEAR 2 HEALTHY SKILLS FOR LIFE INCURSION

Date note distributed:	Wednesday January 30 th
To:	Parents/Guardians of Year 2 Students
Date & Time of event:	Monday February 4, 11, 18, 25, March 4, 18, 25 & April 1.
Where:	Main Music Room, Oakleigh South Primary School
Cost:	\$52.00
You can find the QKR charge in the:	Year 2 Level Tab
Response Required: YES/NO	YES (return to classroom teacher)
QKR Payment & form due by:	4.30pm Wednesday 6 th February
Staff member in charge & e-mail:	Erik Albers albers.erik.n@edumail.vic.gov.au

In 2019, due to the positive response by our school community, we will be continuing with our 'Healthy Skills for Life' program. This term, to support our Year 2 students to develop social, emotional and physical learning and life skills, as well as mindfulness, all students will participate in the 'Healthy Skills for Life' program presented by the Life Skills Group. This will be an 8-week program (one 45-minute session per week) where students will develop skills to build awareness of their physical, social, and emotional health and wellbeing. Students will continue to participate in a range of activities to:

- Increase self esteem, self image, build resilience and confidence
- Build and practise positive and respectful relationships and friendships
- Strengthen problem solving skills
- Develop an understanding of values, personal qualities and emotional responses
- Enhance concentration, communication, negotiation and listening skills
- Identify behaviours that impact on mental and physical wellbeing
- Develop team work, tactics and strategies through team games and group work
- Improve balance, spacial awareness and motor skills

OSPS uses an app called QKR! as our preferred payment method for accepting payments from parents. QKR! Payments are child specific – please ensure you have selected the correct child before finalising a payment. Information: www.oakleighsouthps@vic.edu.au/tiqbiz-qkr
QKR website link www.qkr.mastercard.com/for-everyone-australia



We understand that in exceptional circumstances CASH, BPAY or EFT may be used, however it is our non-preferred payment method.



HEALTHY SKILLS PERMISSION FORM RETURN FORM TO YOUR CLASSROOM TEACHER

QKR! Receipt Number <input style="width: 150px; height: 20px;" type="text"/>	NON-PREFERRED PAYMENT METHOD
Preferred payment	Cash (tick) <input type="checkbox"/> BPAY Receipt Number <input style="width: 150px; height: 20px;" type="text"/>

<i>Please circle: I give permission for my child to participate in this event.</i>		YES
<i>I also authorise the teacher in charge to give consent (where it is impracticable to communicate with me), to my child receiving medical, ambulance or surgical treatment as may be deemed necessary.</i>		
Student's name:		Grade
Parent / Guardian Signature:		Date
Emergency Contact Number:	Medicare Number:	