

	<h1>House Cross Country Information</h1>
Date note distributed:	Friday 23 February
To:	Parents/Guardians of 3-6
Date & Time of event:	<ul style="list-style-type: none"> • Friday 23rd March 9.30 - 10.30am -8/ 9/10 Age Group (2km) Born 2010, 2009, 2008 • Friday 23rd March 11.30am – 12.30 pm 12 / 13 age group (3 km) Born 2005, 2006 • Friday 23rd March 2.00 – 3.00pm 11 Year Age Group (3 km) Born 2007
Where:	Oakleigh South Primary School
Staff member in charge & e-mail addresses:	Mr Mooney: mooney.marcus.d@edumail.vic.gov.au

Dear Parents,

All children in years 3, 4, 5 and 6 compete in the House Cross Country. This event starts on the main oval, heading up the laneway and finishes back on the oval.

Cross Country distances:
2000m for 9/10 year olds
3000m for 11 and 12/13 year olds.

Children are expected to come dressed in their house colours. They may wear a t-shirt that they have at home. Or parents may purchase an official t-shirt with 'Cuthbert, Landy, Gould or Fraser' written on the front from the office for \$20.00.

The OSPS Cross Country squad team is chosen by the first 12 places in each age group from the House Cross Country. They will then go to Running Group with Mr Barker and train for the District Cross Country. The OSPS District Team will be selected from the Cross Country Squad.

Parents are welcome to attend and watch the Cross Country.

Leading up to House Cross Country - PE classes

Week starting	Mon 26 th of Feb	Run the course
	Mon 5 th of March	Beep test
	Mon 12 th of March	Run the course

Mr Mooney
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